

# The Experience of Living With and Caring for Scleroderma



Have you been diagnosed with scleroderma?  
(Also known as systemic sclerosis)

\_\_\_\_\_ OR \_\_\_\_\_



Do you provide care for a friend or family member with  
scleroderma?

\_\_\_\_\_ OR \_\_\_\_\_



Are you a health care professional that provides care  
for people with scleroderma?

## We would like to interview you!

### **What is the purpose of this research?**

We would like to understand your experience of living with, or caring for scleroderma. We want to understand how Scleroderma has affected your day-to-day life. We also wish to talk to you about the care you receive for your scleroderma and any other care you might need.

In this study, we would also like to ask you about palliative care and what it means to you and if you think palliative care could ever be helpful to people with scleroderma.

These results will help inform the design of future multi-disciplinary care teams to optimise the management of scleroderma.

### **What does the interview involve?**

You will be invited to share your experience and thoughts in a one-to-one interview with Dr Julie McDonald from St Vincent's Hospital Melbourne. The interview can be held either in person (Melbourne) or via video call, and will last 45-60 minutes.

**To get involved, or find out more, get in touch with  
Dr Julie McDonald**

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